

# Talladega Parks and Recreation

<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>	<b>Saturday</b>
Lap Swim 7:30a.m. - 8:30a.m.	Lap Swim 7:30a.m. - 8:30a.m..	Lap Swim 7:30a.m. - 8:30a.m..	Lap Swim 7:30a.m. - 8:30a.m..	Lap Swim 7:30a.m. - 8:30a.m..	Open Swim 1:00p.m. - 3:00p.m.
Water Aerobic 10:00a.m. - 11:00a.m	Water Aerobic 10:00a.m. - 11:00a.m	Water Aerobic 10:00a.m. - 11:00a.m	Water Aerobic 10:00a.m. - 11:00a.m	Water Aerobic 10:00a.m. - 11:00a.m	Pool Party 10:00a.m. - 12:00p.m.
Adult Swim 11:00a.m - 1:00p.m.	Adult Swim 11:00a.m - 1:00p.m.	Adult Swim 11:00a.m - 1:00p.m.	Adult Swim 11:00a.m - 1:00p.m.	Adult Swim 11:00a.m - 1: 00p.m	
Swim Team Contact Brian Hutton 256-362-0514	Swim Team Contact Brian Hutton 256-362-0514		Swim Team Contact Brian Hutton 256-362-0514		
Water Aerobic 5:30p.m. - 6:30p.m.	Water Aerobic 5:30p.m. - 6:30p.m.		Water Aerobic 5:30p.m. - 6:30p.m.		

## Aquatic Schedule

<b>Monday</b> <b>7:30a.m.-6:45p.m</b> Hours of Operation	<b>Tuesday</b> <b>7:30a.m.-6:45p.m</b> Hours of Operation	<b>Wednesday</b> <b>7:30a.m.-5:45p.m.</b> Hours of Operation	<b>Thursday</b> <b>7:30a.m.-6:45p.m</b> Hours of Operation	<b>Friday</b> <b>7:30a.m.-4:45p.m.</b> Hours of Operation	<b>Saturday</b> <b>9:00a.m.-4:45p.m</b> Hours of Operation
Ballet 3:30p.m. - 8:00p.m. (Room A) Mrs. Ingram 256-592-4326	Ballet 3:30p.m. - 8:00p.m. (Room A) Mrs. Ingram 256-592-4326	Ballet 3:30p.m. - 6:00p.m. (Room A) Mrs. Ingram 256-592-4326	Ballet 3:30p.m. - 8:00p.m. (Room A) Mrs. Ingram 256-592-4326		
Pickleball 8:30 a.m. - 10:30a.m. (Basketball Court)		Pickleball 8:30 a.m. - 10:30a.m. (Basketball Court)		Pickleball 8:30 a.m. - 10:30a.m. (Basketball Court)	
	Silversneakers Classic 9:00a.m. - 10:00a.m.		Silversneakers Classic 9:00a.m. - 10:00a.m.		

# Talladega Parks and Recreation

	Gymnastic Tonya Ingram 256-404-3528 (Brecon Rec. Center)	Gymnastic Tonya Ingram 256-404-3528 (Brecon Rec. Center)			
	Zumba 5:30p.m. - 6:30p.m. (Free)		Zumba 5:30p.m. - 6:30p.m. (Free)		Zumba 9:00am-10:00am (Free)

**Program Schedule**